

The below information is aligned to the Australian Institute of Sport (AIS) Framework for Rebooting Sport in a COVID-19 Environment and the State/Territory COVID-19 Road Map

TRAINING REQUIREMENTS	LEVEL B - Step 1 Effective 21 May	LEVEL B - Step 2 Effective TBC	LEVEL C Effective TBC	RETURN TO FULL COMPETITION & TRAINING Effective TBC
Total participants	Groups of up to 10, plus coach and/or essential support personnel	TBC by each State/Territory authority	TBC by each State/Territory authority	TBC by each State/Territory authority
Small group training	Training up to 10 participants per group, plus a coach or facilitator	Community sport expansion TBC by each State/Territory authority	Community sport expansion TBC by each State/Territory authority	Community sport expansion TBC by each State/Territory authority
Physical distancing	Maintain 1.5 metre physical distancing	Maintain 1.5 metre physical distancing	As per government restrictions	As per government restrictions
Equipment	Minimise the use of shared equipment. All balls must be sanitised both prior to and after each group's use. Do not use bibs.	Minimise the use of shared equipment. All balls must be sanitised both prior to and after each group's use. Do not use bibs.	Minimise the use of shared equipment. All balls must be sanitised both prior to and after each group's use. Do not use bibs.	Unrestricted - recommend sanitising equipment after each use. No sharing of whistles.
Training length	Recommended maximum 60 minutes	Recommended maximum 60 minutes	As determined by Club/Association	As determined by Club/Association
Break between sessions (to allow groups to depart/arrive without mixing, and carry out any cleaning required)	Allow 20 minutes between each group's scheduled training time	Allow 20 minutes between each group's scheduled training time	As determined by Club/Association	As determined by Club/Association
Participant arrival time	Do not arrive more than 15 minutes prior to the activity commencing	Do not arrive more than 15 minutes prior to the activity commencing	As determined by Club/Association	As determined by Club/Association
Participant departure time	Depart within 10 minutes of session completion	Depart within 10 minutes of session completion	As determined by Club/Association	As determined by Club/Association
Number of sessions per week	Recommened one session per week	Recommened one session per week	As determined by Club/Association	Unrestricted
Game day checklist	Required	Required	Required	Required
Attendance checklist	Required	Required	TBC	TBC
Non-contact drills	Permitted	Permitted	Permitted	Permitted
Contact drills	Not permitted	Not permitted	Permitted	Permitted
Other contact (handshakes, huddles, high fives, etc.)	Not permitted	Not permitted	Not permitted	Unrestricted
Hand sanitiser available	Required	Required	Required	Recommended
First aid kit available (inclusive of rubber gloves)	Required	Required	Required	Required
Individually labelled water bottle and hand towel	Mandatory	Mandatory	Mandatory	Mandatory
Training uniform	Players' training uniform to be washed (with warm water and detergent) after each session	Players' training uniform to be washed (with warm water and detergent) after each session	Players' training uniform to be washed (with warm water and detergent) after each session	Players' training uniform to be washed (with warm water and detergent) after each session
Associations/Club/Team social events at venue	Not permitted	Not permitted	Not permitted	TBC
Spectators	Not permitted - parent/guardian may drop off and collect child (aged 18/U) from venue	Not permitted - parent/guardian may drop off and collect child (aged 18/U) from venue	TBC	TBC

Notes: *Check with your State/Local Government Authorities regarding the re-opening of indoor/outdoor venues at each stage outlined above.